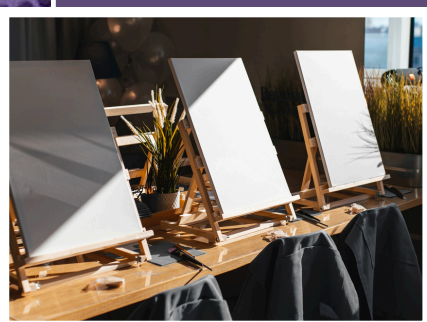


Private 1 on 1 Class

Art & Mindfulness

EXPERIENCE WITH NIKKI SILK



WWW.NIKKISILK.COM.AU/EVENTS

Private 1-on-1 Art and Mindfulness Experience with Nikki Silk

Unwind, connect, and create in the comfort of your own home—or wherever you feel most inspired.

Join artist Nikki Silk for a one-on-one, immersive art session that seamlessly blends guided meditation, mindfulness practices, and her signature modern pointillism painting technique.

Designed for beginners and experienced artists alike, this unique experience allows you to slow down, tap into your creativity, and explore your inner world through colour, texture, and movement.

Throughout the session, Nikki will guide you step by step, helping you focus your energy, cultivate a sense of calm, and bring your vision to life on canvas. By the end, you'll not only have a beautiful, personalized piece of art to cherish but also a refreshed, centered mind and a renewed sense of inspiration.

Perfect for anyone looking to combine mindfulness, creativity, and self-expression in a deeply personal and memorable way.



Your Experience Includes...

- A 4 Hour Session at your home or chosen location*
- Guided Creative Meditation – Begin with a calming meditation session designed to open your mind, awaken creativity, and connect you to your artistic flow.
- Learn Modern Pointillism – Discover Nikki's personal methods for layering colour, creating texture, and building depth using only dots of paint.
- Hands-On Creation – Guided step-by-step, you'll create your own unique painting on a beautiful framed canvas to keep forever.
- Mindfulness in Art – Learn how to stay present, relaxed, and inspired while painting.
- All Materials Supplied include a Framed 70cm x 50cm Canvas, paints, brushes and tools etc.

What You'll Take Away...

- A completed framed artwork that you'll be proud to display.
- Practical skills to continue your modern pointillism journey at home.
- Mindfulness tools to fuel your creativity beyond the class.
- Personalised tips and techniques directly from Nikki.
- Special Gift from Nikki Silk - A group of hand-selected Crystals, intuitively chosen just for you, to support creativity, inspiration deeper meditation during your session.



The Flow of Your 3-Hour Session...

- Welcome & Setup – Get comfortable, choose your colours, and set your creative intention.
- Meditation for Creativity – Guided meditation and visualisation session to open your artistic mind.
- Technique Demonstration – Watch Nikki's step-by-step approach to modern pointillism.
- Your Turn to Create – Paint your masterpiece with Nikki's hands-on guidance.
- Finishing Touches & Reflection – Step back, admire, and discuss your work.

These 1-on-1 sessions are perfect for...

- Absolute beginners
- Artists seeking a new technique
- Mindfulness & wellness enthusiasts
- Creative gifts & special occasions
- *Relax your mind, awaken your creativity and let's create something unforgettable together!*

ALL INCLUSIVE OPTION - \$489

(includes framed canvas, paints & tools supplied), or

BYO OPTION - \$429

(you supply your own canvas, paints & tools)



ADDITIONAL INFORMATION

TRAVEL FEES...

This Session includes travel to your Home or chosen location up to 20klm drive from Brisbane CBD.

For locations further than 20klms drive, the following additional travel fee will apply...

- Up to 30klms from Brisbane CBD - \$45
- Up to 50klms from Brisbane CBD - \$60
- Up to 70klms from Brisbane CBD - \$75
- Up to 90klms from Brisbane CBD - \$90
- 90+klms from Brisbane CBD - *Price On Request*

Nikki will confirm any additional travel fees incurred at the time of your enquiry.

STUDENT'S RESPONSIBILITIES...

The Student will be responsible to provide adequate tables and chairs for participants to paint on.

If the Student chooses an outdoor or public location for the event to be held at, the Student will be responsible to gain and pay for any council permits for use of that space.

Please ensure you read the Terms and Conditions below for all Session bookings



TERMS & CONDITIONS...

1. Booking & Payment

- Full payment is required to secure your booking on the agreed upon date, time and location.
- Two pricing options are available:
 - All materials included: \$489 (includes framed 70cm x 50cm canvas, paints, brushes, and tools)
 - BYO materials: \$429 (you provide your own canvas, paints, and tools)

2. Cancellation & Rescheduling

- A minimum of 24 hours' notice is required for cancellations.
- Cancellations with at least 24 hours' notice will receive a credit towards a future session.
- Cancellations made less than 24 hours before the session are non-refundable and non-transferable.
- If Nikki Silk must cancel due to unforeseen circumstances, you will be offered a full refund or a reschedule.

3. Location & Travel

- Sessions take place at your home or a mutually agreed location*.
- Price includes travel to your chosen location within a 20 km drive from Brisbane CBD
- Locations outside this area will incur an additional travel fee (any additional travel fees will be confirmed upon your enquiry).
- The location must be safe, accessible, and have adequate space for both participants to sit and paint comfortably.

4. Age & Suitability

- Suitable for ages 18 and over.
- Ideal for absolute beginners, experienced artists seeking new techniques, mindfulness enthusiasts, or as a unique creative gift.

6. Behaviour & Safety

- Please respect the environment and materials used during the session.
- Any disruptive or unsafe behaviour, including verbal or physical harm, may result in the session being ended early without a refund

7. Photography & Media

- Nikki may take photos or videos for promotional use unless you specify otherwise before the session starts.

8. Liability

- Participation is at your own risk.
- Nikki Silk is not responsible for any injury, loss, or damage to persons or personal belongings during the session.